

Approval of Amendment to Rule 6A-1.094124, F.A.C., Required Instruction Planning and Reporting

State Board of Education
October 20, 2022



BUILDING Resiliency

CHARACTERISTICS OF RESILIENCE ALIGNED WITH RULE 6A-1.094124, F.A.C.*



Empathy



Perseverance



Grit and Gratitude



Responsibility



Critical Thinking



Problem Solving



Responsible Decision-Making



Self-Awareness and Self-Management



Mentorship and Citizenship



Honesty

*proposed updates

SCHOOL STAFF TRAINING

80% or more of school staff receive youth mental health awareness training.

MENTAL HEALTH ASSISTANCE ALLOCATION AND FLORIDA SAFE SCHOOLS ASSESSMENT TOOL

District funding and planning tools to strengthen school safety and support school staff training, services and resources.

RESILIENCY TOOLKIT

Dynamic resources for students, parents/caregivers, educators and community partners.

FLORIDA SPECIFIC YOUTH SURVEY

Results on students' resiliency and behaviors will inform student instruction, resources, supports, and staff training.

RESILIENCY EDUCATION, CIVIC AND CHARACTER EDUCATION AND LIFE SKILLS EDUCATION

School districts provide 5 hours of data-driven instruction annually to students in grades 6-12 related to resiliency, character development, and mental health.



Rule 6A-1.094124, F.A.C.

- The amendment updates the mental health education and character education components of required instruction.
- The purpose of aligning these two components of statutorily required instruction is to initiate a first in the nation approach to connecting the concepts of students' readiness, resiliency and, when necessary, response and recovery.



Resiliency Education: Civic and Character Education and Life Skills Education Five Hours of Instruction Required for Grades 6-12

- 1. Strategies specific to demonstrating resiliency through adversity, including the benefits of service to the community through volunteerism.
- 2. Strategies to develop healthy characteristics that reinforce positive core values and foster resiliency such as:
 - a. Empathy, perseverance, grit, gratitude and responsibility;
 - b. Critical thinking, problem solving and responsible decision-making;
 - c. Self-awareness and self-management;
 - d. Mentorship and citizenship; and
 - e. Honesty.
- 3. Recognition of signs and symptoms of mental health concerns.



Resiliency Education: Civic and Character Education and Life Skills Education Five Hours of Instruction Required for Grades 6-12 (cont.)

- 4. Promotion of resiliency to empower youth to persevere and reverse the harmful stigma of mental health by reframing the approach from mental health education to resiliency education.
- 5. Strategies to support a peer, friend, or family member through adversity.
- 6. Prevention of suicide.
- 7. Prevention of abuse of and addiction to alcohol, nicotine, and drugs.
- 8. Awareness of local school and community resources and the process for accessing assistance.



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