



Help Your Students Improve Their SAT Scores!

SAT Skills Insight helps students to recognize the skills they need to achieve their goals on the SAT.

SAT Skills Insight is a free tool to help students get a score that really shows their abilities. It identifies the types of skills that are tested on the SAT with sample test questions so that they can do their best when taking the SAT for the first time, or when they get their SAT scores and are thinking, "I want to do better than that."

Go to <http://sat.collegeboard.com/practice/sat-skills-insight>.

How it works

1. **Select the section**--First, select the section of the SAT where you would like to focus—reading, math or writing.
2. **Choose a score band**--Second, select the range where your score is now. You can use your scores from the PSAT/NMSQT®, the SAT or any practice test you have taken. If you haven't taken any tests yet, you may want to start at the lowest score band to give you a good starting point to gauge your area of strengths.
3. **Select a skill group**--Finally, select a skill group. Look at the types of skills tested in each score band. Try to answer the sample questions to see how you do. Make sure that you understand the meaning of each skill in a score band. Reviewing the bands below and above yours can help you to recognize the differences between them.